# SHORT TERM VOCATIONAL CERTIFICATE COURSE

# PHARMACY ASSISTANT

(06 months Duration)

# Prepared by

Dr. MITTAKADAPA PHEBE, PHARM D, PG Diploma in Counseling and Chaplaincy Faculty, Unicorpus Senior Citizen Polyclinic Secunderabad

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G. SRUTHI Faculty, Pharma Technology CSNR GJC (B), Bhongir

Course Coordinator: Dr. R. JYOTHSNA RANI Principal & Lecturer SIVE, O/o Director of Intermediate Education, Hyderabad

STATE INSTITUTE OF VOCATIONAL EDUCATION O/o Director of Intermediate Education, Hyderabad HYDERABAD, TELANGANA

#### PHARMACY ASSISTANT

NAME OF THE COURSE: Pharmacy Assistant

SECTOR : Medical

COURSE CODE : PA

ENTRY QUALIFICATION: Minimum 10th pass

PRE-REQUISITES: SSC PASS

**Terminal Competence:** After completing this course, student will be able to work as a Pharmacy Assistant in any Pharmacy

Duration: 06 Months (240 Hours)

**Introduction:** A drug Store/Pharmacy/Community Pharmacy/Chemist's is a retail shop which provides prescribed drugs, among other products. At the drug store, a pharmacist oversees the fulfillment of medical prescriptions and is available to give advice on their offerings of over-the-counter drugs.

#### **Objectives:**

- 1. To stock all drugs and accessories required in the hospital.
- 2. To procure drugs from different sources.
- 3. To supply prescribed and over-the-counter drugs to the patients.
- 4. To provide information to patients and other healthcare professionals.
- 5. To maintain records of receipts and issue of drugs.

# **ON THE JOB TRAINING AND PRACTICALS:**

- Work at the Pharmacy
- Case studies on dispensing various over-the-counter drugs
- Interacting with the patients, doctors and other healthcare personnel
- Handling prescription
- Stocking, systematic arrangement of drugs in the pharmacy

# SCHEME OF INSTRUCTION/ MODULE

Module	Theory		On the Job Training		Total	
	Hours	weightage	Hours	weightage	Hours	weightage
Module-1	80	30%	160	70%	240	100%

# COURSE: PHARMACY ASSISTANT

#### **SYLLABUS**

#### 1. Basic Anatomy and Physiology

#### 05 HRS

- a. Various organ systems in the body and their functions
- b. Blood pressure: Definition, types, normal values.
  - Precautions while measuring & handling of sphygmomanometer
- c. Clinical laboratory tests used in the evaluation of disease statessignificance and interpretation of test results.
  - Haematological, Liver function, Renal function, thyroid function tests
  - Tests associated with cardiac disorders
  - Fluid and electrolyte balance
  - Pulmonary Function Tests

# 2. Introduction to Pharmacy and Drugs

# **10 HRS**

- a. Code of Pharmaceutical Ethics: Definition, Ethical principles, Pharmacist's Oath.
- b. Types of Dosage forms of drugs based on states of matter and route of administration
- c. Biomedical Waste Management Rules 2023
- d. Handling medications
  - Brand name, generic name
  - Reading ingredients on the medicine
  - Identifying batch number & expiry date of medicine
  - Storage instructions
- e. Prescription Definition, parts of prescriptions, legality of prescriptions, prescription handling, labelling of dispensed medications (Main label, ancillary label, pictograms) brief instructions on medication usage

# 3. Principles of Safety & Health Hazard Measures of Drugs 20 HRS

- a. Therapeutic effects, Side effects, Adverse effects of a drug
- b. Medication errors: Definition, types, consequences, and strategies to minimize medication errors, LASA drugs and Tallman lettering as per ISMP

- c. Drug Interactions, Contraindications
- d. Ways to make medication use safer
- e. Schedule H, Restricted medicine
- f. Over The Counter (OTC) Medications- Definition, need and role of Pharmacists in OTC medication dispensing
  - OTC medications in India, counselling for OTC products
  - Self-medication and role of pharmacists in promoting the safe practices during self-medication
  - Responding to symptoms, minor ailments, and advice for self-care in conditions such as Pain management, Cough, Cold, diarrhoea, Constipation, Vomiting, Fever, Sore throat, dental pain, gums infections (mouth ulcers, dental pain, gum swelling)

# 4. Category of Medicinal Compounds

#### **10 HRS**

Study of the following, category of medicinal compounds, with respect to uses, side effects and storage conditions, different types of formulations and their popular brand names:

- a. Drugs Acting on Central Nervous System
  - Anaesthetics
  - Antipsychotics
  - Anticonvulsants
  - Anti-Depressants
- b. Drugs Acting on Autonomic Nervous System
- c. Drugs Acting on Cardiovascular System
  - Anti-Arrhythmic Drugs
  - Anti-Hypertensive Agents
  - Antianginal Agents
- d. Diuretics
- e. Hypoglycaemic Agents
- f. Analgesic and Anti-Inflammatory Agents
- g. Anti-Infective Agents
  - Antifungal Agents
  - Urinary Tract Anti-infective Agents
  - Anti-Tubercular Agents
  - Antiviral Agents
  - Antimalarials
  - Sulphonamides
- h. Antibiotics

#### 5. Inventory Control

#### **10 HRS**

a. Keeping medicine in systematic way- FEFO, FIFO methods

- b. Expiry drug removal and handling, and disposal. Disposal of Narcotics, cytotoxic drugs
- c. Documentation- purchase and inventory
  - maintaining stock ledger for availability of medicine.
  - maintaining data as per the expiry date of medicine.
  - maintaining sale register after everyday distribution of medicine.
  - placing purchase order as per requirement.
- d. calculating purchase price & setting the sale price.

# 6. Study the following:

#### 05 HRS

- a. Types of injection pricking & precautions taken care during injection pricking
- b. Stethoscope
- c. First aid-First aid equipment, Storage, Sterilization methods
- d. Bandaging & its various types

# PRACTICAL

# 1. Basic Human Anatomy and Physiology 05 HRS

- a. Blood pressure
  - i. Measuring Blood pressure using Sphygmomanometer
  - ii. Precautions while measuring & handling of sphygmomanometer
- b. Diabetes
  - i. Measuring random blood sugar using Glucometer
  - ii. Precautions to take while using Glucometer
- c. Clinical laboratory tests used in the evaluation of disease states- interpretation of test results.
  - i. Haematological, Liver function, Renal function, thyroid function tests
  - ii. Tests associated with cardiac disorders
  - iii. Fluid and electrolyte balance
  - iv. Pulmonary Function Tests

# 2. Introduction to Pharmacy and drugs 20 HRS

- a. Identify different types of dosage forms of drugs- based on states of matter and route of administration
- b. Handling medications
  - i. Brand name, generic name
  - ii. Reading ingredients on the medicine
  - iii. Identifying batch number & expiry date of medicine.
  - iv. Identifying and following storage instructions

- c. Handling prescription labelling of dispensed medications (Main label, ancillary label, pictograms), brief instructions on medication usage
- d. Biomedical Waste Management

# 3. Principles of safety & health hazard measures of drugs. 30 HRS

- a. Identifying Look alike Sound alike drugs. Tallman lettering as per ISMP
- b. Ways to make medication use safer
- c. Schedule H, Restricted medicine
- d. Over The Counter (OTC) Medications- Definition, need and role of Pharmacists in OTC medication dispensing
  - i. Promoting the safe practices during self-medication
  - ii. Responding to symptoms, minor ailments, and advice for self-care in conditions such as Pain management, Cough, Cold, diarrhoea, Constipation, Vomiting, Fever, Sore throat, dental pain, gum health (mouth ulcers, dental pain, gum swelling)

# 4. Category of Medicinal Compounds

# **20 HRS**

Study of the following, category of medicinal compounds, with respect to uses, side effects and storage conditions, different types of formulations and their popular brand names

- a. Drugs Acting on Central Nervous System
  - i. Anaesthetics
  - ii. Antipsychotics
  - iii. Anticonvulsants
  - iv. Anti-Depressants
- b. Drugs Acting on Autonomic Nervous System
- c. Drugs Acting on Cardiovascular System
  - i. Anti-Arrhythmic Drugs
  - ii. Anti-Hypertensive Agents
  - iii. Antianginal Agents
- d. Diuretics
- e. Hypoglycaemic Agents
- f. Analgesic and Anti-Inflammatory Agents
- g. Anti-Infective Agents
  - i. Antifungal Agents
  - ii. Urinary Tract Anti-infective Agents
  - iii. Anti-Tubercular Agents
  - iv. Antiviral Agents
  - v. Antimalarials
  - vi. Sulphonamides
- h. Antibiotics

# 5. Inventory Control

# **10 HRS**

- a. Keeping medicine in systematic way- FEFO, FIFO methods
- b. Expiry drug removal and handling, and disposal. Disposal of Narcotics, cytotoxic drugs
- c. Documentation- purchase and inventory
  - i. maintaining stock ledger for availability of medicine.
  - ii. maintaining data as per the expiry date of medicine.
  - iii. maintaining sale register after everyday distribution of medicine.
  - iv. placing purchase order as per requirement.
  - v. Use of computer in managing Inventory
- d. calculating purchase price & setting the sale price.

# 6. Study the following:

- 05 HRS
- a. Types of injection pricking & precautions taken care during injection pricking.
- b. Stethoscope- how to use
- c. First aid- Basic first aid practices
- d. Bandaging types of bandages, different methods of bandaging

# INTERNSHIP – 2 months 60 HRS

#### **English and Soft Skills**

#### Assignments and Record

Students will be expected to submit at least one assignment per chapter and maintain Observation and Record book.

# List Of Equipment/ Requirements

- 1. Fully functional Outpatient Pharmacy
- 2. Computer
- 3. Registers in the Pharmacy
- 4. Sphygmomanometer
- 5. Glucometer
- 6. Stethoscope
- 7. White board / black board + markers

# **Qualifications of Teaching Faculty:**

1. Graduation from any recognized university with an aggregateof55%marks (Preferably B. Pharm/Pharm. D/Diploma Holder in Pharmacy practice)

2. Proficiency in explaining the concepts

# **Division of Marks:**

Theory: 100 Max. Marks1. Communicative English: 20 marks

2. Short Questions	: 6  x5m = 30  marks			
3. Long Questions	: $4x10 = 40$ marks			
4. Multiple Choice Questions	: 10x1=10 marks			
Practical: 100 Max. Marks				
1. External	: 40 marks			
2. Record/ Mini Project & Viva	: 10 marks			
3. Internship /OJT	: 50 marks			

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#### TELANGANA, HYDERABAD SHORT TERM VOCATIONAL CERTIFICATE COURSE

**REGD. NO:** 

#### TIME: 3 HRS

#### MAX. MARKS: 100 PHARMACY ASSISTANT MODEL QUESTION PAPER (THEORY)

SECTION- A COMMUNICATIVE ENGLISH 20 MARKS

#### SECTION- B

Note: a) Answer ALL questions.

b) Each question carries **5 Marks**.

#### 6x5M=30 MARKS

- 1. What is first-aid? Mention the first aid equipment and their sterilization methods.
- 2. Write about FEFO, FIFO methods of arranging medicine in a systematic way.
- 3. What are the precautions to be taken while measuring Blood pressure.
- 4. Define the following with examples:
  - a. OTC medications
  - b. Schedule H medicines
  - c. Restricted medicine
  - d. Medication error
  - e. Drug interactions
- 5. Write and explain some important functions in Excel that can be used in the Pharmacy.
- 6. Write about various anti-infective agents with examples.

#### SECTION- C

Note: a) Answer any FOUR questions.

b) Each question carries **10 Marks**.

#### 4X10M=40 MARKS

- **1.** Define a prescription? What are the parts of a valid prescription? Explain with a diagram.
- 2. Write about various bandaging techniques and mention the uses.
- **3.** What is the use of Documentation in a pharmacy. Mention different types of registers used in the Pharmacy.
- 4. Write about the principles of safety and health hazard measures of drugs.

# SECTION-D 10X1=10 Marks

#### **1.** Which of the following medicine is used for severe allergic reaction?

(a) Paracetamol (b) Avil (c) Meftal Spas (d) Soframycin

#### 2. Which of the following is not one of the 5R's of dispensing?

(a) Right patient (b) Right dose (c) Right doctor (d) Right time

#### 3. What is the normal blood pressure in an adult (with units)?

(a) 120/80 (b) 120/80 mm of Mg (c) 150/90 (d) 130/90 mm of Hg

# 4. Which of the following ways helps in making medication use safer?

- (a) Checking the validity of the prescription
- (b) Asking relevant questions to the patient before dispensing medicines
- (c) Correctly labelling SALA drugs
- (d) All of the above

# 5. Which of the following medicines cannot be dispensed without a prescription?

(a) Metformin (b) Levocetrizine (c) Gelusil (d) Zincovit

# 6. The drug administration route demonstrating the slowest onset of action is:

(a) Transdermal (b) Sublingual (c) Intravenous (d) Inhalational

# 7. The proprietary drug name supplied by a pharmaceutical company is also referred to as the

(a) Brand name (b) Generic name (c) Excepient (d) API

#### 8. Infected waste and anatomical waste is discarded in which colored bin?

(a) Red (b) Black (c) Blue (d) Yellow

#### 9. Which of the following is an antihypertensive drug?

(a) Losartan (b) Glimiperide (c) Ecospirin (d) Ibugesic

# 10.----- is an unwanted harmful reaction following the administration of a medication.

(a) Side effect	(b) Adverse drug reaction
(c) Therapeutic effect	(d) Drug interaction

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#### PHARMACY ASSISTANT

#### MODEL QUESTION PAPER (PRACTICAL)

Note: a) Answer ALL questions.

b) Each question carries **10 Marks**. **4X10=40MARKS** 

- 1. Write briefly about MS-Word, MS-Excel. Write about the use of computers in the Pharmacy.
- 2. Define and write the procedure of placing a purchase order. Place a purchase order for the following medicine in a tabular format.
- 3. a. Define Over-the-Counter (OTC) medications and mention their uses. Write 5 important counselling questions to ask the patient before dispensing medicine.
  - b. What OTC medicines can be given for vomiting and diarrhoea.
- 4. Mention various organ systems of the human body and their functions.

**Record/Mini Project & Viva** 

10 Marks

Internship/OJT

50 Marks